

The Parents' Guide to

School membership



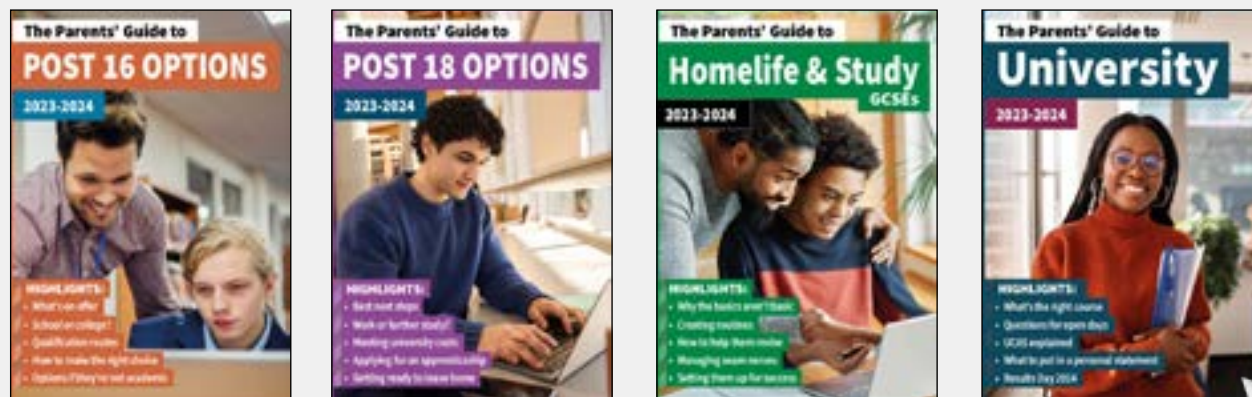
2023-2024

Your membership - what's included

Our parent guides

School membership enables you to share any of our specialist guides with your parents free of charge. It includes permission to share them with parents, carers and other interested parties connected to your school in any way you find useful – including via your website, intranet site, google drive and through email, newsletters or social media.

We personalise each guide with your school logo on the cover page to demonstrate the licence has been paid and free sharing is approved. School membership is available in KS4, KS5 or “whole school” package.



Annual calendar - what's coming up

Plan ahead for key events, campaigns and awareness days all listed month by month. We even recommend good times to share our specialist guides with your parents.



Our most popular articles

Hyperlinks to our most popular articles make sharing key information easy. We've categorized them so you can find what you need easily, and they're linked to live documents to ensure you always have the latest information.



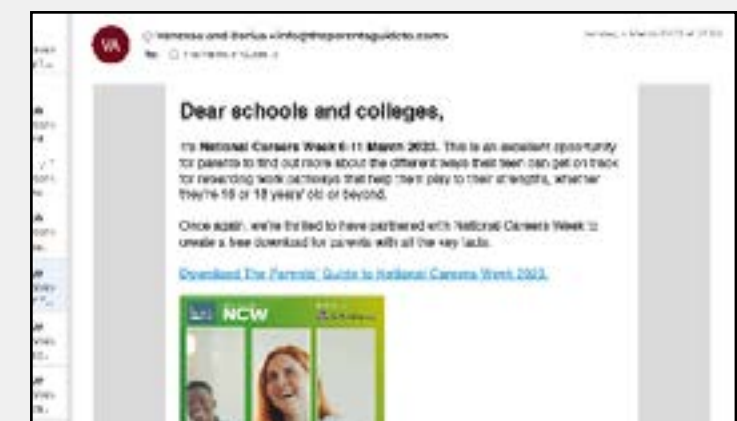
Website directory

It's always good to know where to source more reliable information, so we've created a directory of hyperlinks to our favourite sources, giving you access at the touch of a button.



Monthly school newsletter

A timely reminder with special features, articles and national events, delivered straight to your inbox each month.



An introduction to our guides:

Here is an overview of each of the guides and what's included in them. Feel free to share this – or extracts from it – with your parents either by newsletter, email, social media or on your school website. Please note that this pack contains information about all our guides contained in “whole school” membership and your school may have purchased only the KS4 or KS5 package.

The Parents' Guide to Post 16 options

Everything parents need to know about their child's choices at 16 years old, including what they can study, where they can study to maximise their potential, and for those that aren't academic, options other than school or college.

This guide includes information on:

- What qualifications are on offer
- Giving them the best chance of success: which qualifications are better suited to different types of learners
- Where they can study – the pros and cons of different learning environments depending on the type of student
- Considerations in making the right choices – both for getting the qualifications and how different qualifications can impact choices at 18 and beyond
- GCSE results day – what to do if they don't get the results they need

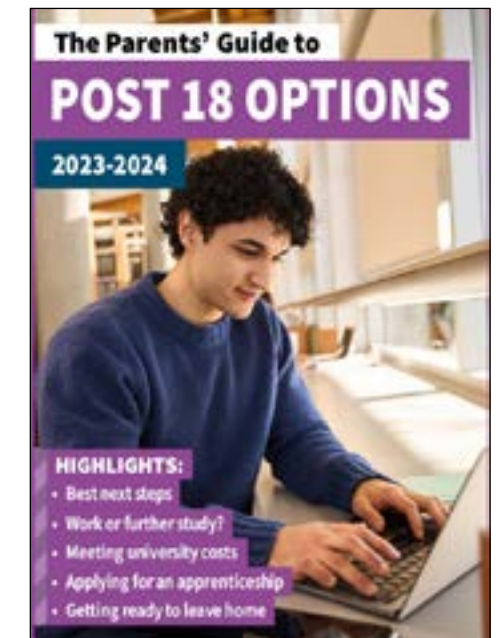


The Parents' Guide to Post 18 options

A summary of the choices available to students once they are 18 years old, whether that's higher education, entering the world of work, taking a gap year or setting up their own business.

This guide includes information on:

- University
- Apprenticeships and degree apprenticeships
- Higher education courses at college
- Traineeships
- Jobs with training
- Gap Years
- Starting a business



The Parents' Guide to Standing out

Discover how you can help your child gain the competitive advantage by doing things they enjoy. It explores how non-academic interests build personal values and transferrable skills and why these are vital to future success.

This guide includes information on:

- Self-development and increasing confidence through reading, audiobooks and podcasts
- Getting work experience (including virtual)
- Benefits of research
- How different hobbies impact mental and physical health – and what transferrable skills they develop with dedicated sections on music and sports
- Recommendations for non-curricular online courses
- Benefits of competitions and awards



The Parents' Guide to University

Everything parents need to know when their teen is considering university applications, from choosing the right course and university, to creating a stand-out personal statement, navigating results day and getting ready to leave home. Advice to parents on how they can help and when they should step back.

This guide includes information on:

- Types of universities – what's the difference and which is best?
- Types of courses – and how the teaching style impacts different types of learners
- Open days – why it's important to visit, even if it's just virtually
- League tables – do they matter and what should parents look out for?
- Tuition and maintenance loans – how it impacts both parents and their children
- UCAS and the application process – including 2021 deadlines and how parents can help students prepare their personal statement
- Results day – how can parents help if their teen doesn't get the results they need?
- How to prepare for Clearing and Adjustment and what to do on the day
- Other options if students don't get a university place
- Preparing for university life – such as how parents can help their teen apply for accommodation and manage their finances
- How parents can help their teen once they leave home



The Parents' Guide to Apprenticeships

All apprenticeship options focusing on choices after 16 and 18 years old. Why the “earn while you learn” route is a great choice for some students but not others, types of apprenticeships and the qualifications obtained, the application process and how to get ready for the world of work.

This guide includes:

- Types of apprenticeship – the qualifications needed at each entry stage, what further qualifications are on offer and how long each apprenticeship lasts
- The pros and cons – why apprenticeships are ideal for some teens but not for others
- How to research an apprenticeship
- Top ten apprenticeship providers
- The application process and why it differs from applying to university
- What parents can do to help their teens get them ready for life at work
- Degree apprenticeships – how they differ from full-time university degrees
- How degree apprenticeships work in combining employment and study
- Types of degree apprenticeships and the differences between them
- Examples of providers and why it is the employer, not the university, that students need to consider when choosing where to apply
- The application process and how it differs to ICAS in the information applicants need to provide
- What parents can do to help their teens get ready for work

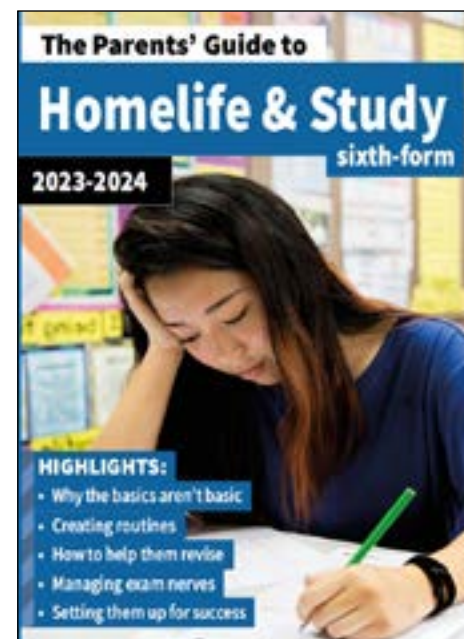
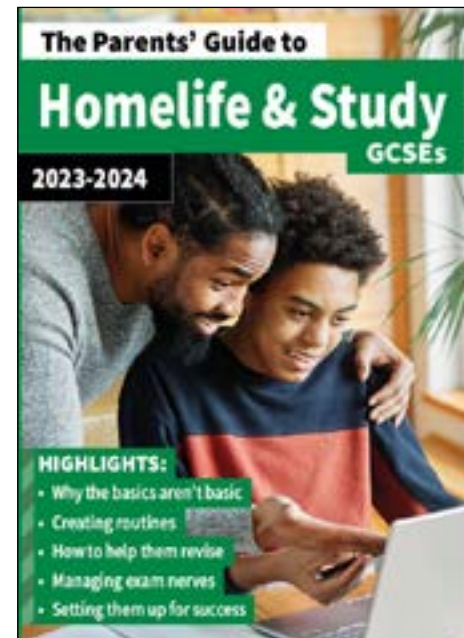


The Parents' Guide to Study and Exam Revision

We want our children to do well in exams and effective revision plays a crucial role, but it's not just down to what happens at school or college. Having the right conditions at home can have a huge impact on how well students do in their studies.

This guide includes practical advice and information on how parents can help at home, from setting up the right routines to helping teens cope with exam nerves. Find out more about:

- Keeping them healthy – covering diet, caffeine, sleep and screen time;
- Providing the right homelife – why setting a routine is vital;
- Simple steps to create a helpful study space;
- Ways to help them revise – you can't revise for them, but you can help. We've provided different options to suit different types of learners;
- How to build resilience and manage stress to form lifelong good habits and protect their mental health;
- How to support them during exam time;
- How to help them with exam nerves.

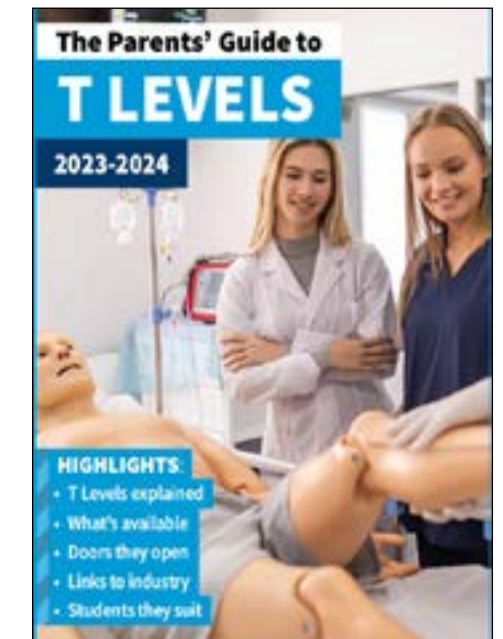


The Parents' Guide to T Levels

T Levels are an exciting new option in sixth form education that provide a recognised qualification tailored to industry needs and skills.

This guide includes information on:

- What's involved and where it might lead
- The subject choices available as of 2022
- What they'll learn on the course
- The qualifications needed to take them
- The Transition Programme for those struggling to meet minimum entry requirements
- The industry placement
- A summary of alternative options if T Levels are not right for them



The Parents' Guide to Managing stress






It's not possible to eliminate stress; but it is possible to develop systems to deal with it more effectively.

This guide includes information on:



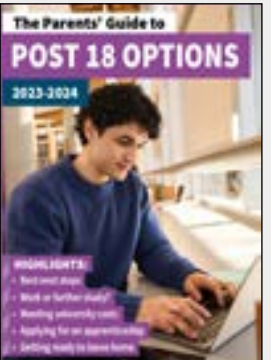

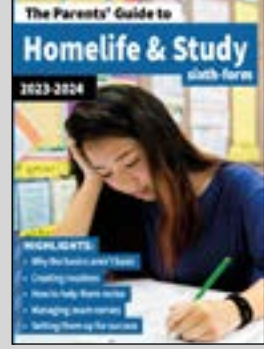
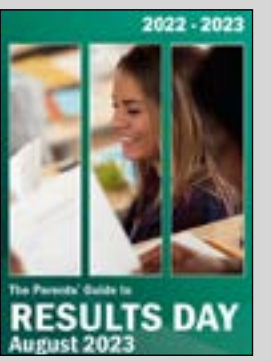
- How to spot the signs of anxiety and stress
- Ways to help right away
- Long term strategies to build their resilience
- Coping with rejection
- Encouraging healthy routines
- Looking after the basics
- Habits that can make stress worse
- Where and when to get help and support



Suggestions for great times to share our parent guides

	Autumn Term	Spring Term	Summer Term
Year 10	<p>The Parents' Guide to Exam revision GCSE - so parents can start the year providing great support at home</p>	<p>The Parents' Guide to Standing out from the crowd - to help parents understand the importance of hobbies/ co-curricular participation and how they develop skillsets</p> 	<p>The Parents' Guide to Post 16 Options (Summary and full Edition) - so parents are aware of all options after GCSE</p>  <p>The Parents' Guide to Non-Degree Apprenticeships - to understand and consider apprenticeships as options after GCSE and be ready to make applications in Y11</p> 
Year 11	<p>The Parents' Guide to Exam revision GCSE - reminder</p> <p>The Parents' Guide to T Levels - to familiarise parents with T Levels as a possible sixth form qualification</p>	<p>The Parents' Guide to Standing out from the crowd - reminder</p>  <p>The Parents' Guide to Exam revision GCSE - reminder</p> 	

Suggestions for great times to share our parent guides

	Autumn Term	Spring Term	Summer Term
Year 12	<p>The Parents' Guide to Exam revision sixth form - so parents can start the year with great support at home, with some adjustments for elder teens</p>	<p>The Parents' Guide to Standing out from the crowd - to help parents understand the importance of hobbies/co-curricular participation and how they develop skillsets</p> 	<p>The Parents' Guide to University (full edition) - in prep for applications Jan of Y13 and getting ready for university visits</p> <p>The Parents' Guide to Apprenticeships to consider options after sixth form and be ready to make applications in Y13</p> <p>The Parents' Guide to Post 18 Options - so parents are aware of all options after sixth form/college</p>  
Year 13	<p>The Parents' Guide to University (full edition) in prep for applications Jan of Y13 and getting ready for university visits</p> <p>The Parents' Guide to Exam revision sixth form - reminder</p>	<p>The Parents' Guide to Standing out from the crowd - reminder</p> <p>The Parents' Guide to Exam revision sixth form - reminder</p>  	<p>The Parents' Guide to Results (University sub-set) - for Aug Results Day</p> 

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